

Association Policy for Swimming in ‘Het Spiegelbad’, ‘Slagman’ and ‘Diveworld’

Guidelines for trainings after the 6th of November 2021



This protocol is based on a document from the KNZB: ‘Protocol Verantwoord Zwemmen versie 8.0’. This document will be valid on the 6th of november 2021 till the KNZB decides the measures are lifted again.

This policy is important to the members who want to attend the training at Slagman or the Spiegelbad and for the people who play waterpolomatches at Slagman.

Firstly it’s important that everyone follows the general measures, vaccinated or not. The better they’re followed, the less the virus can spread and the less measures are needed. De general measures are proved to work to prevent the virus from spreading.

Safety and hygiene measures for everyone (based on the RIVM measures):

General Measures

1. Keep 1.5 meters away from any other person outside your household (exception for children and adolescents up to 18 years of age and children up to 12 years of age to adults).
2. Cough and sneeze into your elbow and use tissue paper.
3. Avoid touching your face.
4. Do not shake hands.
5. Keep the contact with doors, fences, benches, etc. to the minimum necessary.
6. Before you leave home, go to the toilet at home;
7. Wash hands with soap and water if your hands are likely to be contaminated: after touching objects that have been touched by many people (doorknobs, pin machines, remote controls, etc.), after visiting the toilet, after coughing, sneezing in the hands, after blowing off the nose.
8. Stay at home if you have had the coronavirus (diagnosed with a test) and this has been diagnosed within the past 10 days.

Trip to the pool

To gain access to the sports accomodation it is obligated for persons who passed the age of 18 to show a valid QR-code and your ID-card/Driving license/Passport. Keep in mind that there are exceptions for the people who need to be present due to functional tasks and for volunteers, like trainers, employees of the pool and officials.They don’t have to show a QR-code.

Swimmers and other visitors are denied entrance or are sent home when visiting the pool when they have (possible) symptoms, by example a cold, a running nose, sneezing, a sore throat, (light) sneezing, shortness of breath, a (slight) fever and/or sudden loss of smell or taste. Furthermore there are no limitations to changing and showering.

So in short:

- Persons under the age of 18 can access the pool without limitations. And people who are 18 or older have to show their QR-code.
- If you have symptoms the trainer can ask you to leave.
- The Showers and Changing Rooms are open.



The new measures

Based on the guidelines of the Sportscentre and Sportaal

Spiegelbad

- UT students and UT employees can enter on presentation of their Student Card/Employee Card, this functions as a QR-code.
- Saxion Students and external parties are checked for QR-code and identification cards at the Main Entrance.
- Face masks are mandatory indoors when moving around. During sports practices face masks aren't mandatory. So you need to wear face masks until you enter the water.
- The South Entrance and Rear Entrance of the Sports Centre will be closed.
- The Sport Centre has the right to deny your access if you do not have a Student Card/Employee Card or a QR-code.

An exception to these rules is the morning training on Thursday. The trainer will check the student cards and QR-codes and the **South Entrance will be opened** then by the trainer!

Slagman

- Members of Piranha can enter 'Slagman' if they can show a legitimate QR-code at the door of the swimming pool and the person can identify themselves.
- QR-codes will be scanned by the trainer before the training.
- The trainer also has to give training, so the 'incheck' time is 15 minutes before the training till the moment that the training officially starts. In other words:
 - On Monday from 20:45-21:00
 - On Tuesday from 21:30-21:45
- Be on time! If you're late, you won't be able to join the training.
- The trainer has the right to deny your access if you either are too late for the check in or if you have an invalid QR-code.
- Face masks are mandatory until you enter the water

For matches in Slagman the following rules are in place:

- Matches are allowed.
- Audience is allowed, also at games, swimming lessons and diploma swimming. It's mandatory to have a corona ticket for everyone above the age of 17.
- For staff and equals to that, by example (paid) trainers, a corona ticket isn't mandatory.
- Face masks are mandatory when you are moving in the building. You can take them off before you enter the water

Diveworld (Dive Tower)

- We meet at the outdoor pool to pack the dive gear before going to the dive tower.
- Members of Piranha can enter 'Diveworld' if they can show a legitimate QR-code at the door of the dive tower.

- QR-codes will be scanned by the Diveworld crew.
- Diveworld has the right to deny your access if you have an invalid QR-code.
- Use anti-fog on your mask.