

WATER
SPORT

Het

SLIPJE

Kick-In 2020



ZPV PIRANJA

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Editorial

While I am typing this I am enjoying a very echoing Bass at 9 o'clock in the morning and I do not mean Bas Oppe. After two years off, "Het Slipje" flies back like a boomerang. That is always a nice thing, recurring 'slipjes'. At least as long as they are filled ;)

Due to all the Corona panic, it has been a bit quieter within the association this year than we are used to. Nevertheless, we have managed to fill "Het Slipje" in which we can hopefully give a good impression of what a beautiful association Z.P.V. Piranha actually is. Hopefully we get everyone excited for when all the measures become less and we can restart our activities!

This edition of "Het Slipje" is put together by the Mediacie, which was completely renewed last year. Unfortunately we had to say goodbye to Matthijs, in memoriam! But don't worry, his stamp is still a bit in this Slipje, because his jokes are still present! We also welcomed Ties and Boel to this wonderful committee. Enjoy reading! Enjoy, but in moderation (and of course at the appropriate 1.5 meters distance).

Vincent Oosterhoff



By the Board

Dear (not yet / almost) Piranhas

It is now about 2 years ago that I decided to water polo at Piranha; a sport that I had not practiced for about 7 years. What I immediately noticed was how easily I was included into Piranha. Everyone took me to all kinds of cool activities, including the great association weekend where I got to know a lot of Piranha's. I came in a fantastic (fun) team and got to know Piranha as a diverse and fun association, where there is room for many different types and levels of athletes.

I started to become more active at Piranha and soon water polo went much better. But Piranha is of course more than just water polo and I decided to take advantage of that. So I also took part in competitive swimming. After that I also started participating in NSZKs: national student swimming competitions that are definitely worth it if you can't swim well at all because of the great parties in other cities. In any case, I really liked it all and a year later I was chairman.

Together with Thomas, Floriaan, Arend-Jan and Vincent, I was a board member of Piranha which delivered a lot of fun in

addition to a lot of responsibility. At the same time as getting to know the organization behind the association, it is great to get to know all the board members of student swimming associations from other cities in the Netherlands and to spend unforgettable evenings together at the many constitution drinks, management dinners and parties around NSZKs. As a board you also get to know each other very well. Working together intensively for a year is sometimes a challenge, but usually fun.

Unfortunately Corona caused many activities to be canceled. Let's hope that in the upcoming academic year we can again enjoy the cozy atmosphere at NSZKs and talk with your teammates in a way too small car on the way to a water polo competition. That there are again events that our rescue branch can monitor and that our divers can take another weekend away to discover new deep waters. Let's hope that next year during the Kick-In we can organize our epic pool party again and that this year we can slowly go back to all the fun Piranha is known for.

Titus Oosterkamp

Candidate Board Introduction

By now formed, some meetings and golden yellow fun cylinders (beers) later, it is finally time for them to be introduced. Long ago, the candidate board traveled one by one, from the very outskirts of our country, to the far East. Everyone in their own way and at their own time. They are all attracted to education and the splendour Piranha has to offer.

Ignorant of the time, Ilse, Denise, Aaron, Pieter, Romeo and Rinke quietly floated towards a tidal wave of Piranhas. In addition to the beautiful offering of sports, friendship and the opportunity for self-development and discovery, there is still a yearning for more. This desire is fulfilled by the possibility to help the amazing association by doing a boardyear.

On behalf of the KB, I would like to announce that we are ready to commit ourselves to this close, cozy and active association. Due to COVID-19 our year will start differently than usual. However, we will take every opportunity to have a fantastic anniversary year.

There is a time of coming and going, but the time of going has now come for Sicut baculus in undis.





Ties van't Erve **To New Piranhas**

I remember it like yesterday, as a little fish I stood there with wide eyes watching the intro training. Because of my background with the Piranha do-group, a number of people already knew me by sight. During the intro training I became convinced of the fun within Piranha. Besides that you can either splash around or train seriously, I found out that Piranhas are also very social animals. In addition, they take great care of their "small" fish. I was immediately invited after the intro training sessions to go to the annual "association weekend". This weekend is at a different location every year and it is a weekend packed with activities. I got to know the majority of the students within the association there and they got to know me. I thought it was a great weekend and recommend this to all the new people within the association.

After the association weekend I started training at Piranha at the competitive swimming department. After some training in the outdoor pool, we had to move indoors. I had to get used to the indoor pool at the UT. Not because I grew so much within a month that I no longer fit in the bath, but because the pool is no less than 16 $\frac{3}{4}$ m. Luckily we also have training in a 25 meter swim-

ming pool. The swimming training itself did not change much. You still swim with people who like swimming as much as you do. Regardless of whether you are a competitive swimmer, rescuer, polo player or diver.

In addition to the training courses, I became active at Piranha in two committees, namely DÙ EVC (activities committee) and the Mediacie. At the EVC we organize various activities for the Piranhas, such as a karaoke night (Piraoke), a New Year's dive and the association weekend. The Mediacie provides, among other things, facebook posts of competitions and activities and "Het Slipje", which you are reading now.

In addition to the committees and the training itself, there are also competitions, which are also really nice to visit. Through the competitions (and especially the parties) you get to know a lot of people from the Netherlands and the rest of the world.

To summarize, Piranha is not only a sports club, but also a social club. Everyone is welcome and you can choose how active you become at the association.



Diving



Discover a whole new world underwater at Piranha. Float weightlessly over coral reefs with tropical fish or mussel beds full of crabs, lobsters, shrimps and other animals or abandoned wrecks on the bottom covered with sponges and other marine life. Then you may think, diving is something you do far away abroad. Well, there is a lot to see close to home. For example, we regularly go to Zeeland with Piranha to dive, one of the best dive sites in western Europe. For an impression of the atmosphere, take a look at: app.nos.nl/op3/adembenemend/

No diving license yet? No problem. We have our own dive instructors at Piranha, so that we can keep the Open Water dive course affordable for students. We are affiliated with Scuba School International (SSI), which means that the certification you receive is recognized worldwide. We also offer courses in night diving, drift diving, deep diving, etc. If you already have a diving certificate, join us for a dive. We regularly visit lakes in the area where there are sunken boats and other interesting objects that attract fish. We also go to Zeeland several times a year for a weekend and we organize trips abroad near and far. You pay an annual fee at Piranha and with that you can use the Piranha diving equipment for all club dives. You only need a swimsuit and towel.

Would you like to try diving? We organize introduction dives in the outdoor pool at the UT a few times a year. Under the guidance of an instructor, you can experience what it feels like to float through the water.

Interested? Mail to dive@zpv-piranha.nl

Hemmoor Dive

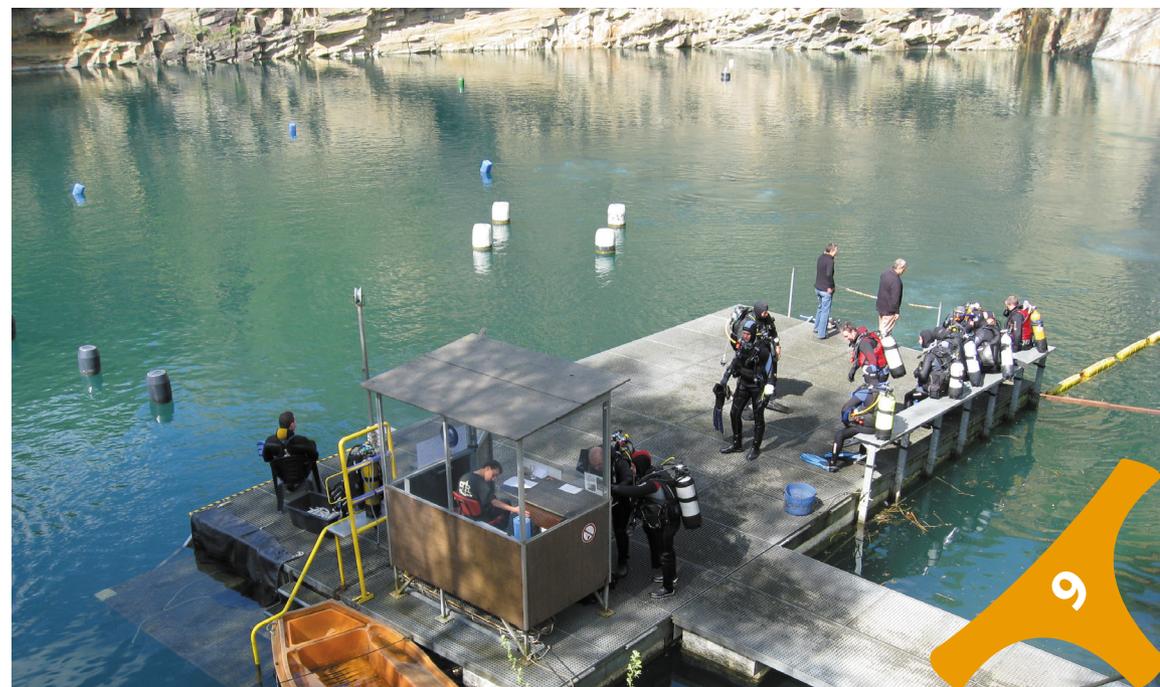
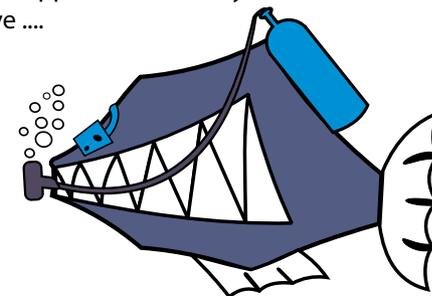
As already indicated, we don't just dive into the pool. Although we are of course devoted to our "small barrier reef" Born-erbreek, every now and then we still need some variety. To achieve this we traveled to the Kreidensee in Hemmoor (Germany). Here a small impression of what a diving weekend can look like at Piranha!

After the pumps were turned off, this chalk quarry, excavators still inside, filled with very clear water. Complete trucks, cranes and chutes can be admired along the steep walls. Entire forests were captured by the water, and you can float above them beautifully at a depth of 40 meters. In addition, a lot of objects have sunken, such as a large plastic shark, an airplane and a sailing yacht.

The water was a bit cold (-4 degrees at

depth) but this did not stop anyone, even the Piranhas without a dry suit! Fortunately the weather was beautiful and good company, beer and an extensive barbecue were enjoyed. Actually, that in itself was of course enough reason for a trip to our eastern neighbors, but together with the beautiful dives it was a very successful weekend!

And miraculously, not even essential materials have been forgotten and all dry suit zippers are actually closed for the dive ...



Rescue

Lifeguards. If you are reading this you will probably immediately think of a lifeguard on the beach and that is certainly one of the things that some of our members do in the summer! They monitor (part of) the summer on Texel and Den Helder to ensure that all beach visitors have a safe day. Unfortunately, it cannot be summer all the time and Enschede does not exactly have a beach around the corner. Fortunately, there are plenty of activities during the year where our help can be used and where we are happy to monitor.

Since two years, we as Reddingsbrigade Enschede have a boat at our disposal, so that the surveillance takes place not only on the shore, but also on the water. A good example of this is the arrival of "Sinterklaas" in the port of Enschede. But also side guards are not unknown territory for us, as we also help with the Tartaros Campus Challenge. Where a brave group of students struggles through obstacles to complete the challenge.

In addition to events in Enschede, we also help with larger events with "Reddingsbrigades" from the region. For example, we have been at the Freshtival festival for several years, where we supervise together with Reddingsbrigade Wierden. Another big event that some of

our members go to every year is to the liberation festival in Zwolle.

Now of course there are many more guards we help with, but this is a small selection of where we are deployed. In addition to monitoring being necessary to ensure that everyone is safe at events on the water, it is also very pleasant and educational to put the theory into practice!

In addition to surveillance, we train 1.5 hours a week to keep our knowledge up to date. You do not need to have experience to join us, you will learn all this during training! It is also not compulsory to follow a course or to help with the surveillances. Training and drinking with us is enough!

The training sessions are divided into a 45-minute training section followed by a 45-minute competition / fitness section. During the training part we focus on learning the different techniques that are used when rescuing people who have gotten into the water. For example, you learn how to get someone out of the water without having to go into the water yourself. During these 45 minutes there is the possibility to follow a course to, for example, become a Lifesaver, but you can also just swim without training

if you are only interested in what we do, for example!

During the competition / fitness part we try to keep up our fitness levels by simply swimming, but with additional rescue related elements. We do this for competitions which are organized on behalf of Reddingsbrigade Nederland. During these you have to transport a doll with several people for example, or other competition elements as quick as possible. Sometimes some of our members (possibly in combination with other Piranha members) participate in these competitions!

Finally, we are of course not only involved in surveillances, competitions and training. Because we are a relatively small branch within Piranha, we are a close group and after every training we always have a drink in the sports center or we eat together when we train at the outdoor pool. There is also a regular drink or game night organized so that we do not only see each other during our training sessions but also outside. Even during these corona times, we regularly try to speak to each other as a group (online) and, since the measures allow it, our annual end-of-year BBQ has been organized so that we could see each other again at 1.5 meters!

Interested? mail to rescue@zpv-piraha.nl



Waterpolo



Do you also like to cuddle with your opponent? Swim 'relaxed' laps and play with a ball? If you come to play water polo at Piranha, you can do it all! Whether you have not been in a swimming pool since the first grade, or are still in the water with a ball every week, with water polo you can always participate, as long as you have your swimming diplomas.

First introduce the teams quickly. Men 1 (Heren 1 or the Elite) is our performance team. At least they claim that. Last season they played reasonably well in the top of the regional competition, so hopefully they can be found there again this year. Men 2 (Heren 2 or the Gods' sons) call themselves the beer team. In contrast to Men 1, they do live up to their title. In the water, on the other hand, they are worth less, but that does not make them any less fun. Since they play at the lowest level in the region, you can join them with little experience. There is also the Ladies team (Dames or the G.U.P.P.I.E.S.).

Just like Men 2, they also play at an entry level, but with their fun they have already convinced many talents to join them. If you find it too intimidating to play games directly, or are still homesick and continue to play at your old association, you can also just train with us. Keep in mind that we will quickly persuade you to come play for us ;)

With our fanatic trainer Mathijs on the side, the training is ever a party. As long as he doesn't decide to do a swim workout. After the training, there are always enough people hanging around to have a good time, so the party continues. In addition, polo players are always present at activities, so you will encounter us often at Piranha. Every year there are a number of Super Saturdays or Sundays, which is when all Piranha teams play at home after one another. We invite as many people as possible to come and support us, resulting in an incredible atmosphere.

In addition to training and competitions, we also enjoy visiting tournaments. Normally we do two or three a year with everyone who wants to join. Every year we go to the Moby Dick tournament, the largest water polo tournament in the Netherlands. With a load of matches, big parties and a group full of friends, you should not miss the tournaments! Immediately after the Kick-In we also organize our own tournament every year, so you can enjoy all the benefits of the tournaments, but you can sleep in your own bed.

We hope to be able to train and play competitions again next year. If you still have doubts, you can often participate in a trial training. Please let us know in advance. New members are always welcome, even if we have to pick you up from the bottom a few times.

Interested? Mail to polocie@zpv-piranha.nl



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Swimming

There's actually only one priority once your body touches the water: swimming. It's the beautiful sport where the whole body is trained and you have full control over the water. Whether you're an experienced competitive swimmer, or haven't touched water since your swimming license, you're always welcome to come swimming!

The swimming branch at Piranha consists of a fun group of semi-fanatic watterats. Every training comes paired with a right amount of socializing. Not to worry, we do train seriously, but we like to have fun whilst training. Since swimming is an individual sport, the fun has to come from the swimmers. Lucky for us, we have a lot of great people there! There's three different swimming groups: swimming 1, 2 and 3. The really fast swimmers, the future Michael Phelps, train really hard with swimming 1. Our lovely trainer Mathijs makes sure each and every one of the fast swimmers

trains hard. Swimming 2 is the perfect middle ground, where hard training goes together with a lot of socializing. Swimming 3 is all about getting that technique under control. It's no swimming lesson! You do get to train. Of course every group has a lot of fun.

If swimming at training isn't enough for you, you can always join the NSZK's! These are the Dutch Student Swimming Competitions. Four times a year a group of Piranhas, consisting of swimmers and other fanatic fish, go to different cities in the Netherlands to keep up the honour of Z.P.V. Piranha at the swimming competitions. Don't worry, if swimming competitively isn't for you, you're still more than welcome to join. After the competition there's always a big party, including crazy outfits. You really don't want to miss out on NSZK's.

If you're still not convinced, it might help to know that we sometimes eat cake af-

ter practice. The swimming committee makes sure every swimmer is happy. If the cake isn't good enough for you, you might want to drink some beers. We don't judge.

Even if a classic beer won't do, we invite you to come to several different swimmers drinks. Swimmers aren't just fast in the water; they are also very good at drinking very fast. One of our all-time favourites is the mario beerkart drink. It's the perfect combination of throwing bananas in mario kart and drinking golden drinks. Whatever level you're in, you're welcome.

If all of these anecdotes aren't enough for you, we invite you to please come and take a look at one of our trainings. The association might be called Z.P.V. Piranha, but we don't actually bite! We hope to be able to train normally after summer, including all of the fun times. You're invited to come take a look! If you want to try out training, just send an email to zwemcie@zpv-piranha.nl. We hope to see you there!





Senior Tales

Moin ni-je studeantn,

Welkomm in Tweante

Zooas ie lichte wal wetn lig Eanske in de mooin umgeaving dee ok wa Tweante neumt wördt. Ik zal ie wat haandige wiesheedn geavn um de eerstn wekn van ie studeantntied wat gemakkeliker te maakn. Doar wiej hier in Tweante wean zal ik dit dan ok in et mooin dialekt doon wat wiej hier sprekt.

Et Tweants is zooas de leu wa n moal zeit nen efficiënt dialekt. De Tweantse sproak zoargt doatoo dat vergaderingn ofte toovallige gekuier onmeunig rap könn vergoan. Ik zal ie nen vuurbeeld doon.

I-jleu goat met iej doebende natuurlik meuilike keuzes maakn oaver woar i-jleu et komnde dränksken motn drekn. As wel nen leuke kroog veursloot hoof ie nich "Dat behoort tot een van de mogelijkheden" weerum te zegn, ze'j gewoon "Zol könn". As i-jleu dizn wiesheed metbrengh in et studiejoar zal et allemoal nen heeln boln

antiegn met bendebosschopn, prisntoasies en aander kuieriej. Et Tweants is doarnöast ok nen machtig dudelik dialekt. Nen direkte Tukker mo'j efkes an wenn moar doarna wee'j wa'j an diegene hef.

Brommerskiekn

De introductie tied is natuurlik nen tied um niejn leukes te leern kenn en völle niejn kammeroadn te maakn. In et verlängde doarvan zöln ok niejn leefdes op-

bleuin. Nen woord dat i-jleu good in gedachte mot hoaldn is "Brommerskiekn". Dit hef niks met nen Vespa te maakn, mear met "Brommerskiekn" meinn wiej in Tweante et

anvaank van nen vaakse leefde. As nen jongn of jänneken ie vragd um met te goan "Brommerskiekn" köand ie der van oet goan asdat hee of zee gearn dik op n bek vleegn. Et plan is vuural um nen stil heuksken oet te doktern woar i-jleu nen tiedke nich stuerd wördn.

Wichter, as ie now deankn, wat nen akeilige kearl, wat möt ie van miej? Köand ie aaitied reeageern met, hee zol ik ie an n bek houn. Ie köand der van oet goan dat de kearl in kwestie dan wa duudlik wör dat ie ginn kaans maakt.

Dränksken

As i-jleu dan ok et draankhoes in duukn um nen plezerige oavnd te hebn zöln i-jleu al rap vuur de keuze stoan wat te zöln drekn. As doar dan ampart.s vuur beer wördt koozn dan drekn wiej hier in Tweante vuural Grolsch. Dit goaldbloond

dränksken wördt brouwd in de niemoodsn brouweriej.e van Grolsch dee an de raand van Eanske beveend. Vuur deegennigen die oet et westn of Hollaand kump zal et wal efkes aardn wean mear as ie doar eenmoal an weant bint dan wil ie niks aans. Bestel wel nen glas, fluitken of veaske en noit nen Amsterdammertje, allene as Poasken en Pagstrn

op een dag valt.

Ok vuur deegennigen die zoonder alkohol wiln feestn is doar de kaans um et dränksken te nemn met de längste naam ter weerd en et dränksken met de meeste kleenkers ter weerd. Dit dränksken stoat ok wal hoeskunnig as coooooooolaaaaaa. As i-jleu et op dizn maneer oet sprekn in welk draankhoes dan ok dan hoof ie nich te schaamn dat ie ginne alkohol drekn moar köand ie fier wean dat ie al nen klein betken Tweants hef leerd. As is cola nich gearn drekn woag dan et dränksken noar ie eign keuze te besteln mear probeer doar immer nen grootn hoop kleenkers an met te geavn zoodat de plaatselike draankhoesheerschop ie begrip.

Nemt t der van

Nen belangrieke tip nog as lestn: probeer zoovölle möggelik te geneetn. Den introductie lik lang mear et is vuurbi-j vuura'j et wis. Doo niks teagn ie wil waant bie oons in Tweante is et be-

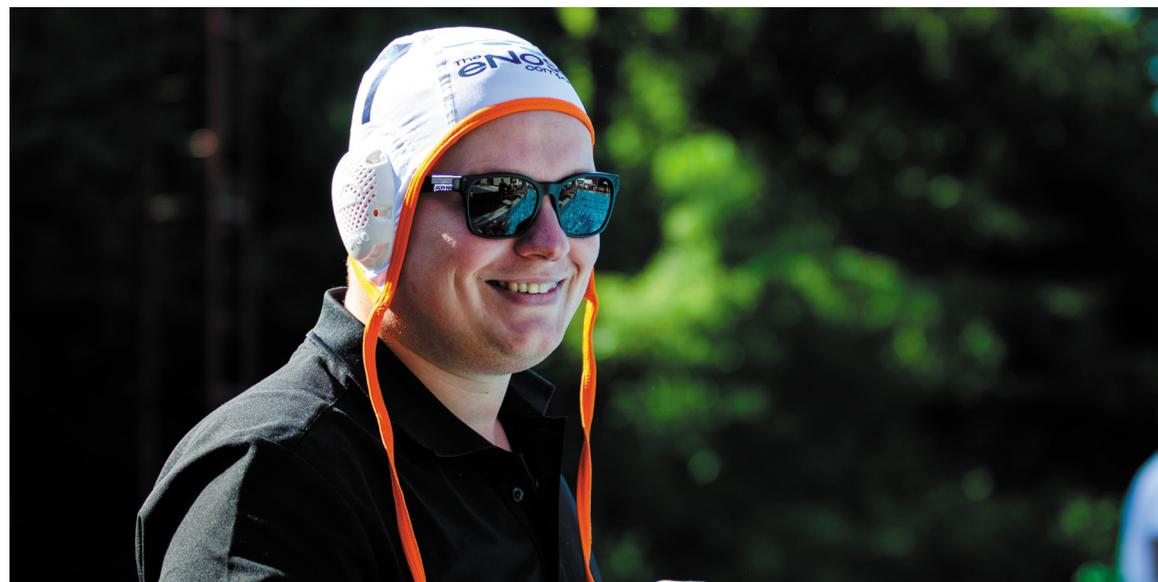
naamd belangriek da'j ie plezerig veult bie-an wat ie doöt. Wiej nemt t der van zegd wiej wal mangs. De staampjoestermuziek kun nog zoo beroerd klekn, doar kun peerdemieg oet tap komn, as i-jleu mear met de doebende nen plezerige tied hebn zal a et slechtn vortpleern en neamp ie de plezerige gedachtenis met noar de rest van ie studeantnleavn.

Piranha

Natuurlik schriev ik dit vertelsel vuur de schiere studeantn sport vereniging van Eanske, ZPV Piranha. Biej ZPV Piranha is alman walkom die gearn in et zwembad lig of juist wil leern um better te zwemn. Van bestn tot beginner, vuur alman is plek.

If you think, i can't read this, don't hesitate and pass by the outdoor pool and ask for a translation.

*Heanig an,
Mathijs Senior*



Karlijn Slutter

Column

It will come as no surprise to those who know me; but I like baking. Where I used to bake something every 2 to 3 months, it is now almost weekly. With great pleasure from my housemates and family & friends, who love to devour the baked goods. In the meantime, many of you have also been able to enjoy my baking, whether or not as my board members or as Rescue members, but also during the New Year's dinner of ZPV Piranha where I went a bit crazy by making a Croque-mouche and Lemon-Raspberry Cheese-cake.

Now I have had a column in Het Slipje for quite some time, but the usual topics such as Ed Sheeran & women's affairs do me less now than when I was secretary (and I don't think you are waiting for it either). So with this, this has now become a beautiful baking column, which is of course not very wrong in this time when everyone has more time ;)

To start the first column right, I was looking for a recipe that can be made by everyone (so without a sugar thermometer and complicated baking tins), which has a bit to do with Piranha (it is a bit orange) but is not taken over from a website or book. This is how I ended up with British Gingernuts, where I came up with some adjustments from another recipe

Ingredients

110 grams of 'zeeuwse bloem' (for sale at a specialty store)
Normal flour can also be used but makes your cookies less crispy
3.3 grams of baking powder
5 grams of ground ginger. A little more spice in the cookie? Then add a little more ginger!
5 grams of baking soda (1 bag)
40 grams of granulated sugar
50 grams of butter at room temperature
50 grams of golden syrup (Lyle's Golden Syrup)
Grate 1 lemon
A good pinch of salt

Recipe (for 16 cookies)

- Preheat your conventional oven (preferred) to 190°C or a convection oven to 170°C.
- Mix the flour, baking powder, ginger, salt and baking soda together. If necessary, sieve the mixture if the baking powder remains in clumps. Don't be too careful with the salt. The golden syrup is fairly sweet, so it should have a fair dose of salt.
- Add the sugar and make it an even mixture.
- Add the butter in cubes and mix with your hands until it becomes a shortcrust pastry. This can be easily done by rubbing the butter and flour between your fingers.
- Mix the lemon zest with the butter-flour mixture. Make sure that the lemon zest is not grated too wide, but in nice little pieces.
- Now add the golden syrup and mix with a spatula until it becomes a nice thick dough.
- Be sure to taste something of your golden syrup, that stuff is really good. Taste your dough! Does your dough taste good like ginger and isn't it too sweet? If not, add some extra ginger or salt, for example, and mix well.
- Divide your dough into 16 equal portions and roll them into balls. Place them on a baking tray with baking paper underneath and make sure there is enough space between them, because the dough will run out like, for example, snickerdoodles and chocolate chip cookies.

- Press them lightly and put them in the middle of a preheated oven for 10-15 minutes. When using a conventional oven, use only one baking tray at a time and place it right in the middle of the oven. If they are not in the middle, they will burn.
- Keep a close eye on the cookies, every oven is different and you don't want them to burn! The cookies will crack on top and will be ready when they are a nice golden brown.
- When the cookies are ready, take them out of the oven and remove them with baking paper and all directly from the baking tray to let them cool. Do not let them cool on the baking sheet, then chances are that the bottom will burn. After 10 minutes, move the cookies to a wire rack or a drying rack and let them cool further.
- When the cookies have cooled completely, enjoy them! Personally I like them a lot less hot than when they have cooled, so be patient :)

P.S. Share a photo of your homemade cookies in the app or online & who knows, you may see your own creation on the Piranha Instagram!



Introducing the Trainers

Diving

Hey, I'm Daan in den Berken, If you go diving with Piranha, chances are you won't meet me. And my favorite stroke is, um, who am I kidding: as a child I did not get my diploma the first time because I swam too much like a frog, according to the swimming teacher. As a diver that does not matter and I teach you the frogkick to :P

Besides the diving virus (too soon?), I also love climbing and cooking. At Piranha I started my OW certification, I did collect all the tickets (gotta catch em al?) And I am now one of the diving instructors who provide the courses within Pir-

nha, from OW to Divemaster. I am also a first aid instructor.

During the diving days and weekends we go for a nice dive. My favorite dive location is really to be found in Zeeland, where we regularly go weekends.

Diving with Piranha is the perfect hobby for your studies, with Piranha equipment you can dive for a real student price and in addition to the ow course and follow-up courses, most activities (the dives) take place on weekends.

See you underwater!

Hi!
My name is Danny and I am the trainer of the Rescue branch at Piranha. Originally I came from Den Helder where I was a lifeguard for almost 7 years and a member for a little over 10 years. I moved to Enschede for my Computer Science studies.

Here I obtained my lifeguard instructor certificate. I have already graduated but I have a bit of trouble to let go of the fun of a student sports association.

Together with the Rescue Commission, I ensure that courses are given in the area

of the swimming pool as well as open water. For a few years now, we also have our own lifeboat for which we can also provide training. If you have any questions about training, I will gladly answer them. See you at the first training!

Greetings,
Danny Verpoort

Rescue

Swimming

Hi, my name is Margriet Simmerling,

You often see me on Monday at the group "competitive swimming 3". At KNZB I completed the training Competition Swimming Trainer / Coach level 3. I am also a KNZB competition official.

During the swim training you follow our planned training approach: a general structure in combination with individual flow options to broaden your swimming techniques.

Each training has 4 standard components: swimming, technique exercis-

es, improving fitness /endurance and swimming. Every training is different and builds up to certain peak times, such as the student competitions. That is nice, because it gives you unnoticed improvement on all fronts: better condition and better technique in all swimming strokes, at the turning points, starting and the underwater phases.

The schedule is a starting point. Together with you, I adjust it so that it is an effective training for you and that you can combine swimming at Piranha well next to your studies.

See you in the pool!

Last month the question came, Mathijs, do you want to make a proposal so that new students know who is shouting over there. A good question, of course, who is the 'tukker' who is there to give directions.

In summary: 32 years old, born in Oldenzaal and now living in the beautiful Nijverdal. Member of Piranha since 2006 and member of OZPC Oldenzaal from 1993.

Since 2017 I am happy to be the head coach of the swimming and waterpolo branches of this beautiful club. Before

that I have given swimming training on Mondays for years. Due to a bad knee, I am unfortunately no longer able to participate in swimming and water polo and therefore I quickly chose to share my knowledge with other athletes. For years I have been trying to find the talent of all members who are present during my training, and I have to admit, talent enough (here Piranhas can fill in which talent ;-)).

Perhaps to the beautiful outdoor pool of the University.

Waterpolo

Lustrum XI

Hey Piranhas!

We have been swimming, poloing, diving and rescuing as pirate hatreds in the waters of the University of Twente for 55 years and this can be celebrated. De Lucie kicked off this last January with a very successful Christmas dinner and promises that many more activities are coming!

The new year began very well with a new year's diner/drink, this was also the day where the new lustrum theme was announced. Which is: Piranha 11: EscalaXI to the moon. Bubbles have been toasted, wine has been drunk and a fantastical meal was feasted. Thanks to a handful of true chefs from the association, the evening was accompanied by delicious food.

Given the current circumstances, we have decided to shift the major activities to next year, or sometime at the beginning of the fourth module, so that we can fully enjoy them. This includes the official opening party, where a great artist, together with us, will make a true escalaXI. In addition, there will be plenty of singing with the Cantus lustrum. Rest assured, we ensure that your throat remains well lubricated. If people have not partied enough yet, we also have a lustrum gala for you, where you can dance the stars of heaven. The activities that could not continue this year will also be retaken during this period. Of course we are talking about the IJssel Lake Tour and

the old members' day.

But wait ... there's more! In addition to these activities, we try to continue the smaller activities in September. Get carried away with an exciting film in our float-in cinema, show that you are the smartest fish in the school with our pub quiz and let yourself go completely during our escalaXI training and drinks. We will also spoil you with the anniversary gift in September, because a birthday present includes a present.

Hopefully you are as enthusiastic as we are and we will make it a space time together.

Greetings,
The Lucie



Joke Page



There are 3 blondes (Maike, Inez and Karlijn) at a river, full of piranhas, that they want to cross.

A fairy comes by and says, "You all three can make a wish."

Maike says, "I wish I learned how to swim." No sooner said than done and Maike learns to swim, jumps into the water, swims and is then devoured by the piranhas.

Inez says, "I wish I could walk on water." The wish comes true and as soon as Inez starts walking on the water, she slips and is also devoured by the piranhas.

Karlijn says, "I wish I got brown hair." The next moment she has brown hair and cries out, "Look at that, there's a bridge over there!"

Journalist Lene from the Tubantia wants to interview farmer Bart about the main cause of mad cow disease. Good afternoon, sir, we are here to gather information about the cause of mad cow disease. Do you have any idea what could be the cause? "Bart stares at Lene and says, "Do you know that the bull is covered by the bull once a year?"

Lene gets embarrassed and replies, "Well, that's an interesting piece of information, but I don't understand the relationship with mad cow disease." "And," Bart continues, "do you know that we milk the cow twice a day?" To which Lene responds: "That is very valuable to know, maybe you can get to the point now?" "Ma'am", says farmer Bart "Imagine if I play with your tits twice a day and I only take you once a year, wouldn't that drive you crazy?"

Three women farmers are chatting and the subject is contraceptives. Ilse: "We are Catholic and should therefore not use it." Marije: "We do too, but we only do it on the safe days of the month." Laura: "We have the bucket and saucer method." "What on earth is the bucket and saucer method?", Ask Ilse and Marije in unison. "Well", says Laura, "I'm 1.80m and Matthijs is only 1.60m. When we do it, we do it standing up; he is standing on a bucket, and as soon as his eyes become the size of saucers, I kick that bucket out from under him!"



Puzzle Page

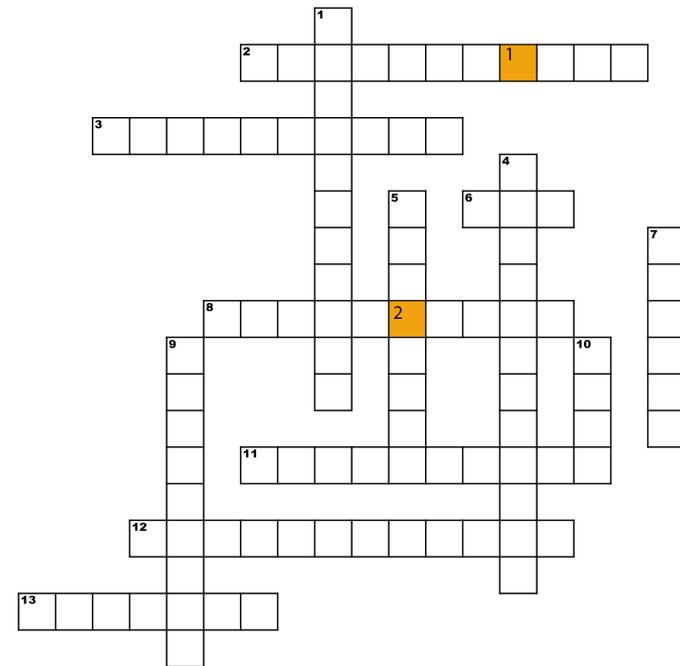
After you have finished these 3 puzzles you can call yourself the ultimate puzzle king, and winner of an awesome price. I hear you ask: "But how does a puzzle built up from multiple ones work?". It works like this: Solve all three puzzles separately, combine the figures and letters from the sudoku and crossword puzzle in such a manner that you can decode the hidden message from the word searcher. Send this secret message to mediacie@zpv-piranha.nl

R	E	S	C	U	E	R	F	Y	E	E
Y	S	P	I	E	G	E	L	B	A	D
D	O	L	L	J	X	D	I	D	L	A
U	L	A	B	T	V	D	Z	O	I	B
I	O	N	N	E	D	I	W	B	R	N
K	P	K	E	M	U	N	E	B	B	E
P	R	V	S	M	I	G	M	E	K	T
L	E	Y	S	O	K	S	M	R	I	I
A	T	L	I	B	E	P	E	E	U	U
N	A	Y	V	H	N	O	N	N	D	B
K	W	Y	T	R	A	P	L	O	O	P

	5	4						3
	7			1			2	
		3	9		8			4
	2	9						5
			6	7				
	1					7		
						5	1	
6		2		9				8
			3	2				

Oplossing

- BAL
- BOMMETJE
- BUITENBAD
- DOBBEREN
- DUIKBRIL
- DUIKEN
- DUIKPLANK
- PLANK
- POOLPARTY
- REDDINGSPOP
- RESCUE
- SPIEGELBAD
- VISEN
- WATERPOLO
- ZWEMMEN



Across

- 2. what you put on to keep your hair out
- 3. when you spin at the end
- 6. how many lanes are in the mornington SC pool
- 8. where you hold your hands under water when you start a race
- 11. your head is out of the water for this stroke
- 12. what is the slowest stroke
- 13. eye covers

Down

- 1. how long is an Olympic pool
- 4. where you start a race
- 5. what is the biggest race in the world
- 7. how do you enter the water for a race
- 9. both arms go past your head for this stroke
- 10. lane dividers

Kick-in Throw-back

Long, long ago in a country on our beautiful globe, there was a time when people were not fighting at the toilet paper department. A time when people were not just running, cycling or walking. We are, of course, talking about the time before someone ate an unpleasant bat.

Unfortunately, due to this 1.5 meter condition, the Kick-In is different than we are used to and that is something we are sorry about. We would like to take everyone to a time when this was not the case, about a year ago. The Kick-In started on a bright afternoon. Hundreds, no thousands of new students were ready to embark on a new adventure. Everyone walked across the fields with a beautifully colored kick-in bag and the atmosphere was beautiful. A huge variety of associations were ready to accommodate them. Piranha was there in the iconic orange ready to hype people up for diving, rescue, swimming & water polo. After the general opening market, the sports day started.

On this sports day everyone could get acquainted with the beautiful sports that piranha has to offer. At first the new students were afraid of what would follow. After one minute the first brave adventurer jumped into the water. The results afterwards were impressive. The new students came out of the water more muscular and fitter than ever, and these water sports proved their healthy influence on the human body. This sporting act had to be rewarded, of course. We at Piranha have the perfect solution for that, the Piranha Pool Party! During this fantastic event you chill with a drink in the water while music fills your ears and flames of 10 meters shoot into the air!

Unfortunately, the Kick-In now looks very different, but we are going to make it a great event. next year there will be a time to catch up with the Kick-In and then we will have an even better party than in recent years!



A DJ, a bath full of partying students, fire, water. In addition to the ingredients for a strange Avatar fan fiction, this also forms the basis for the Pool Party. But when the new students needed him most, he disappeared from the Kick-In program. The Pool Party has been a highlight of the Kick-In since 2006. Unfortunately, the party could not continue this year due to the corona measures. Normally, Piranhas were setting up two days early. Build a structure above the water, apply effects,

set up the pool bar. Then to give all new students a great evening 36 hours later. The atmosphere is indescribable, and actually a photo says enough about this. This is one of the coolest parties of the Kick-In. We are looking forward to it again, hopefully you now too!



Did you become very enthusiastic about Piranha after reading this? We get that! Now the question, how can I become a member of this beautiful association, haunts through your head. This is actually childish simple. Below in short the steps you need to take to become a proud member of Piranha!

How to become a member (for UT students)?

- Get yourself an Unioncard at <https://dms.utwente.nl/nl/home>. The Unioncard can be found at "What's on offer" after signing in with your student number and password.
- After that, go to <https://www.zpv-piranha.nl/lid-worden/> and download the membership form or ask for one by one of the board members.
- Fill in the form and give this to one of the board members during a training of deliver it at the Piranha inbox in the indoor sportscentre.
- After you have been added by the board, you need to pay your association fee at <https://dms.utwente.nl/nl/home>. More information will be given about this after you have signed in!

What does it cost (for UT students)?

- Unioncard: €40,- per year (after 1 October €50,-).
- Association Fee: €22,50 per year
- Contribution: €55,- per year

Extra chargers per branch:

- Rescue fee: about €11,- per year
- Scuba Diving fee: €40,- per jaar
- OW-Course: €255,- (the cost for the scuba diving course)
- Competition fee Waterpolo: about €25,- per year
- Start Card Swimming/Waterpolo: about €35,- per year

Students from Saxion have a different sign-in procedure. The contribution and extra charges are the same for Saxion Students. You can therefore become a member the same way as UT students do. However, the Unioncard and association fee costs are higher for Saxion students, these are not known at the time of writing. The Unioncard and association fee need to be purchased at the counter of the Sportscentre and cannot be bought online. Please keep in mind that the benefits of an Unioncard do not count for Saxion students.

Doubting if you should become a member? Then join our intro training, or just join a regular training for free. You can participate in a maximum of 3 training sessions before you decide to become a member.

If you have any questions about becoming a member or about joining a training, just send a mail to info@zpv-piranha.nl or to one of the branch specific mail addresses!

Colofon

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